

Rod Thomas

High-Performance
Coach

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Personal Productivity
Expert

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Keynote Speaker

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Trader



✓ Authentic Speeches

✓ Real-life Stories

✓ Actionable concepts

✓ High-impact visuals

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In-Person or Remotely

~ 50 min. followed by

Q&A Session



Booking Information

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Life Lessons from the Trading Floor

How successful traders perform in high-pressure environments

Rod is an experienced keynote speaker specialising in high performance and personal productivity.

Following a 20+ year career in fast-paced, high-stakes environments, he now helps professionals strengthen their focus, sharpen decision-making, and elevate overall performance.

A central theme in Rod's keynotes is the psychology of performing under pressure: how individuals think, decide, and execute when the stakes are high.

What Audiences Gain

- Disciplined approach to strategic planning and preparation
- Practical tools to build mental resilience under pressure
- Strategies to manage energy for sustained performance
- Confidence to take decisive action despite fear

Ideal For

- Leadership and corporate events
- Sales and high-performance environments
- Entrepreneur and founder forums
- Professional and executive students

Speeches can be customised to suit your audience's goals. Contact us to explore the best approach for your event.